

## Jan. 2025 Center

Monday	Tuesday	Wednesday	Thursday	Friday					
		1	2	3					
			<b>Breakfast</b> Yogurt Berries Milk  <b>PM Snack</b> Grapes WG Grahams	<b>Lunch</b> Beef Or Bean Tacos WG Taco shell Lettuce, Salsa Pineapple Milk  <b>PM Snack</b> Rainbow Peppers Hummus	<b>Breakfast</b> Honey Oats Bananas Milk  <b>PM Snack</b> Milk Hummus				
6	7	8	9	10					
<b>Breakfast</b> WG Chex Oranges Milk  <b>PM Snack</b> Apples Sun butter	<b>Lunch</b> Spaghetti Marinara Cottage Cheese Peas Peaches Milk  <b>PM Snack</b> Apples Sun butter	<b>Breakfast</b> WG Rice Cake Bananas & Raisins Sun butter Milk  <b>PM Snack</b> Cukes Hummus	<b>Lunch</b> WG Rice Orange Glazed Chicken Green Beans Mango Milk  <b>PM Snack</b> Mtstery Mix # 1 Cheese	<b>Breakfast</b> Apple Cinn Scones Oranges Milk  <b>PM Snack</b> Mtstery Mix # 1 Cheese	<b>Lunch</b> Zuppa Toscana Garlic Bread Italian Salad Apples Milk  <b>PM Snack</b> WG Wheat Thins Carrots	<b>Breakfast</b> Yogurt Berries Milk  <b>PM Snack</b> WG Wheat Thins Carrots	<b>Lunch</b> Egg Puff Roast Broccoli Raisin Bread Mango Milk  <b>PM Snack</b> WG Gold Fish Peppers	<b>Breakfast</b> WG Life Cereal Bananas Milk  <b>PM Snack</b> WG Gold Fish Peppers	<b>Lunch</b> Tomato Soup WG Cheese Quesadilla Green Beans Pineapple Milk

**This institution is an equal opportunity provider.**

We try to stay as close to this menu as possible, but on occasion, make substitutions based on product availability and freshness.

**Age appropriate milk is served daily with breakfast and lunch. Whole milk 1-2 years of age and Skim or 1% for children over 2.**

## Jan. 2025 Center

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																																		
13	14	15	16	17																																																																																																		
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>WG Cheerios</td> <td>Mac &amp; Cheese</td> </tr> <tr> <td>Oranges</td> <td>Peas</td> </tr> <tr> <td>Milk</td> <td>Peaches</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td colspan="2"><b>PM Snack</b></td> </tr> <tr> <td>Apples</td> <td></td> </tr> <tr> <td>WG Wheat Thins</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	WG Cheerios	Mac & Cheese	Oranges	Peas	Milk	Peaches		Milk	<b>PM Snack</b>		Apples		WG Wheat Thins		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>WG Bagel</td> <td>WG Bread</td> </tr> <tr> <td>Banana &amp;</td> <td>Turkey &amp; Cheese</td> </tr> <tr> <td>Raisins</td> <td>Or SBJ</td> </tr> <tr> <td>Milk</td> <td>Lettuce</td> </tr> <tr> <td></td> <td>Tomatoes</td> </tr> <tr> <td></td> <td>M Oranges</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td colspan="2"><b>PM Snack</b></td> </tr> <tr> <td>Carrots</td> <td></td> </tr> <tr> <td>Hummus</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	WG Bagel	WG Bread	Banana &	Turkey & Cheese	Raisins	Or SBJ	Milk	Lettuce		Tomatoes		M Oranges		Milk	<b>PM Snack</b>		Carrots		Hummus		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>WG Pumpkin</td> <td>Ajiaco</td> </tr> <tr> <td>Bread</td> <td>(A-hee-ya-go,</td> </tr> <tr> <td>Apples</td> <td>Columbian</td> </tr> <tr> <td>Milk</td> <td>chicken soup)</td> </tr> <tr> <td></td> <td>Corn</td> </tr> <tr> <td></td> <td>WG Corn Bread</td> </tr> <tr> <td colspan="2"><b>PM Snack</b></td> </tr> <tr> <td>Mystery Mix #</td> <td>Mango</td> </tr> <tr> <td>Craisins</td> <td>Milk</td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	WG Pumpkin	Ajiaco	Bread	(A-hee-ya-go,	Apples	Columbian	Milk	chicken soup)		Corn		WG Corn Bread	<b>PM Snack</b>		Mystery Mix #	Mango	Craisins	Milk	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>Yogurt</td> <td>Goulash</td> </tr> <tr> <td>Blue berries</td> <td>Beef</td> </tr> <tr> <td>Milk</td> <td>Roast Broccoli</td> </tr> <tr> <td></td> <td>Mango</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td colspan="2"><b>PM Snack</b></td> </tr> <tr> <td>Grapes</td> <td></td> </tr> <tr> <td>WG Grahams</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	Yogurt	Goulash	Blue berries	Beef	Milk	Roast Broccoli		Mango		Milk	<b>PM Snack</b>		Grapes		WG Grahams		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>Honey Oats</td> <td>Corn Chowder</td> </tr> <tr> <td>Bananas</td> <td>Ham or Tofu</td> </tr> <tr> <td>Milk</td> <td>Tomatoes &amp;</td> </tr> <tr> <td></td> <td>Cukes</td> </tr> <tr> <td></td> <td>Apples</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td colspan="2"><b>PM Snack</b></td> </tr> <tr> <td>Tortilla Chips</td> <td></td> </tr> <tr> <td>Cheese Stick</td> <td></td> </tr> <tr> <td>Salsa</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	Honey Oats	Corn Chowder	Bananas	Ham or Tofu	Milk	Tomatoes &		Cukes		Apples		Milk	<b>PM Snack</b>		Tortilla Chips		Cheese Stick		Salsa	
<b>Breakfast</b>	<b>Lunch</b>																																																																																																					
WG Cheerios	Mac & Cheese																																																																																																					
Oranges	Peas																																																																																																					
Milk	Peaches																																																																																																					
	Milk																																																																																																					
<b>PM Snack</b>																																																																																																						
Apples																																																																																																						
WG Wheat Thins																																																																																																						
<b>Breakfast</b>	<b>Lunch</b>																																																																																																					
WG Bagel	WG Bread																																																																																																					
Banana &	Turkey & Cheese																																																																																																					
Raisins	Or SBJ																																																																																																					
Milk	Lettuce																																																																																																					
	Tomatoes																																																																																																					
	M Oranges																																																																																																					
	Milk																																																																																																					
<b>PM Snack</b>																																																																																																						
Carrots																																																																																																						
Hummus																																																																																																						
<b>Breakfast</b>	<b>Lunch</b>																																																																																																					
WG Pumpkin	Ajiaco																																																																																																					
Bread	(A-hee-ya-go,																																																																																																					
Apples	Columbian																																																																																																					
Milk	chicken soup)																																																																																																					
	Corn																																																																																																					
	WG Corn Bread																																																																																																					
<b>PM Snack</b>																																																																																																						
Mystery Mix #	Mango																																																																																																					
Craisins	Milk																																																																																																					
<b>Breakfast</b>	<b>Lunch</b>																																																																																																					
Yogurt	Goulash																																																																																																					
Blue berries	Beef																																																																																																					
Milk	Roast Broccoli																																																																																																					
	Mango																																																																																																					
	Milk																																																																																																					
<b>PM Snack</b>																																																																																																						
Grapes																																																																																																						
WG Grahams																																																																																																						
<b>Breakfast</b>	<b>Lunch</b>																																																																																																					
Honey Oats	Corn Chowder																																																																																																					
Bananas	Ham or Tofu																																																																																																					
Milk	Tomatoes &																																																																																																					
	Cukes																																																																																																					
	Apples																																																																																																					
	Milk																																																																																																					
<b>PM Snack</b>																																																																																																						
Tortilla Chips																																																																																																						
Cheese Stick																																																																																																						
Salsa																																																																																																						
20	21	22	23	24																																																																																																		
<p><b>Closed for Inservice</b></p>	<p><b>Closed for Inservice</b></p>	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>WG Blueberry</td> <td>Beebim Bop</td> </tr> <tr> <td>Bread</td> <td>Beef or tofu</td> </tr> <tr> <td>Oranges</td> <td>WG Rice</td> </tr> <tr> <td>Milk</td> <td>Stir fry veggies</td> </tr> <tr> <td></td> <td>M Oranges</td> </tr> <tr> <td colspan="2"><b>PM Snack</b></td> </tr> <tr> <td>Thunder's</td> <td>Milk</td> </tr> <tr> <td>Crackers</td> <td>Mango</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td>Dragon Cheese</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	WG Blueberry	Beebim Bop	Bread	Beef or tofu	Oranges	WG Rice	Milk	Stir fry veggies		M Oranges	<b>PM Snack</b>		Thunder's	Milk	Crackers	Mango		Milk	Dragon Cheese		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>Yogurt</td> <td>WG Bread</td> </tr> <tr> <td>Berries</td> <td>S. B. &amp; J.</td> </tr> <tr> <td>Milk</td> <td>Carrots</td> </tr> <tr> <td></td> <td>Apples</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td colspan="2"><b>PM Snack</b></td> </tr> <tr> <td>WG Wheat Thins</td> <td></td> </tr> <tr> <td>Carrots</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	Yogurt	WG Bread	Berries	S. B. & J.	Milk	Carrots		Apples		Milk	<b>PM Snack</b>		WG Wheat Thins		Carrots		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>WG Life</td> <td>Tomato Soup</td> </tr> <tr> <td>Cereal</td> <td>WG Cheese</td> </tr> <tr> <td>Bananas</td> <td>Quesadilla</td> </tr> <tr> <td>Milk</td> <td>Green Beans</td> </tr> <tr> <td></td> <td>Pineapple</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td colspan="2"><b>PM Snack</b></td> </tr> <tr> <td>Pretzels</td> <td></td> </tr> <tr> <td>Sun butter</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	WG Life	Tomato Soup	Cereal	WG Cheese	Bananas	Quesadilla	Milk	Green Beans		Pineapple		Milk	<b>PM Snack</b>		Pretzels		Sun butter																																							
<b>Breakfast</b>	<b>Lunch</b>																																																																																																					
WG Blueberry	Beebim Bop																																																																																																					
Bread	Beef or tofu																																																																																																					
Oranges	WG Rice																																																																																																					
Milk	Stir fry veggies																																																																																																					
	M Oranges																																																																																																					
<b>PM Snack</b>																																																																																																						
Thunder's	Milk																																																																																																					
Crackers	Mango																																																																																																					
	Milk																																																																																																					
Dragon Cheese																																																																																																						
<b>Breakfast</b>	<b>Lunch</b>																																																																																																					
Yogurt	WG Bread																																																																																																					
Berries	S. B. & J.																																																																																																					
Milk	Carrots																																																																																																					
	Apples																																																																																																					
	Milk																																																																																																					
<b>PM Snack</b>																																																																																																						
WG Wheat Thins																																																																																																						
Carrots																																																																																																						
<b>Breakfast</b>	<b>Lunch</b>																																																																																																					
WG Life	Tomato Soup																																																																																																					
Cereal	WG Cheese																																																																																																					
Bananas	Quesadilla																																																																																																					
Milk	Green Beans																																																																																																					
	Pineapple																																																																																																					
	Milk																																																																																																					
<b>PM Snack</b>																																																																																																						
Pretzels																																																																																																						
Sun butter																																																																																																						

**This institution is an equal opportunity provider.**

We try to stay as close to this menu as possible, but on occasion, make substitutions based on product availability and freshness.

**Age appropriate milk is served daily with breakfast and lunch. Whole milk 1-2 years of age and Skim or 1% for children over 2.**

## Jan. 2025 Center

Monday	Tuesday	Wednesday	Thursday	Friday																																																																																												
27	28	29	30	31																																																																																												
<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>WG Cheerios</td> <td>WG Cheesy Rice</td> </tr> <tr> <td>Oranges</td> <td>Green Beans</td> </tr> <tr> <td>Milk</td> <td>Peaches</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td></td> <td>Peaches</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td><b>PM Snack</b></td> <td></td> </tr> <tr> <td>Apples</td> <td></td> </tr> <tr> <td>Pretzels</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	WG Cheerios	WG Cheesy Rice	Oranges	Green Beans	Milk	Peaches		Milk		Peaches		Milk	<b>PM Snack</b>		Apples		Pretzels		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>WG Rice Cake</td> <td>Ham &amp; Cheese</td> </tr> <tr> <td>Bananas &amp;</td> <td>WG Bread</td> </tr> <tr> <td>Raisins</td> <td>Pickles</td> </tr> <tr> <td>Sun butter</td> <td>Lettuce</td> </tr> <tr> <td>Milk</td> <td>Tomatoes</td> </tr> <tr> <td></td> <td>Apple Salad</td> </tr> <tr> <td><b>PM Snack</b></td> <td>Milk</td> </tr> <tr> <td>Naan</td> <td></td> </tr> <tr> <td>Cukes</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	WG Rice Cake	Ham & Cheese	Bananas &	WG Bread	Raisins	Pickles	Sun butter	Lettuce	Milk	Tomatoes		Apple Salad	<b>PM Snack</b>	Milk	Naan		Cukes		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>WG Apple</td> <td>Pizza</td> </tr> <tr> <td>Oat Muffins</td> <td>Caesar Salad</td> </tr> <tr> <td>Oranges</td> <td>Pineapple</td> </tr> <tr> <td>Milk</td> <td>Milk</td> </tr> <tr> <td><b>PM Snack</b></td> <td></td> </tr> <tr> <td>Mystery Mix # 2</td> <td></td> </tr> <tr> <td>Craisins</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	WG Apple	Pizza	Oat Muffins	Caesar Salad	Oranges	Pineapple	Milk	Milk	<b>PM Snack</b>		Mystery Mix # 2		Craisins		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>Yogurt</td> <td>Pancakes</td> </tr> <tr> <td>Berries</td> <td>Chicken Sausage</td> </tr> <tr> <td>Milk</td> <td>Carrots</td> </tr> <tr> <td></td> <td>Strawberries</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td><b>PM Snack</b></td> <td></td> </tr> <tr> <td>Apples</td> <td></td> </tr> <tr> <td>Cheese</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	Yogurt	Pancakes	Berries	Chicken Sausage	Milk	Carrots		Strawberries		Milk	<b>PM Snack</b>		Apples		Cheese		<table style="width: 100%; border: none;"> <tr> <td style="width: 50%;"><b>Breakfast</b></td> <td style="width: 50%;"><b>Lunch</b></td> </tr> <tr> <td>Honey Oats</td> <td>Chicken</td> </tr> <tr> <td>Bananas</td> <td>Noodle Soup</td> </tr> <tr> <td>Milk</td> <td>Carrots</td> </tr> <tr> <td></td> <td>Apple Salad</td> </tr> <tr> <td></td> <td>Milk</td> </tr> <tr> <td><b>PM Snack</b></td> <td></td> </tr> <tr> <td>Carrots</td> <td></td> </tr> <tr> <td>Hummus</td> <td></td> </tr> </table>	<b>Breakfast</b>	<b>Lunch</b>	Honey Oats	Chicken	Bananas	Noodle Soup	Milk	Carrots		Apple Salad		Milk	<b>PM Snack</b>		Carrots		Hummus	
<b>Breakfast</b>	<b>Lunch</b>																																																																																															
WG Cheerios	WG Cheesy Rice																																																																																															
Oranges	Green Beans																																																																																															
Milk	Peaches																																																																																															
	Milk																																																																																															
	Peaches																																																																																															
	Milk																																																																																															
<b>PM Snack</b>																																																																																																
Apples																																																																																																
Pretzels																																																																																																
<b>Breakfast</b>	<b>Lunch</b>																																																																																															
WG Rice Cake	Ham & Cheese																																																																																															
Bananas &	WG Bread																																																																																															
Raisins	Pickles																																																																																															
Sun butter	Lettuce																																																																																															
Milk	Tomatoes																																																																																															
	Apple Salad																																																																																															
<b>PM Snack</b>	Milk																																																																																															
Naan																																																																																																
Cukes																																																																																																
<b>Breakfast</b>	<b>Lunch</b>																																																																																															
WG Apple	Pizza																																																																																															
Oat Muffins	Caesar Salad																																																																																															
Oranges	Pineapple																																																																																															
Milk	Milk																																																																																															
<b>PM Snack</b>																																																																																																
Mystery Mix # 2																																																																																																
Craisins																																																																																																
<b>Breakfast</b>	<b>Lunch</b>																																																																																															
Yogurt	Pancakes																																																																																															
Berries	Chicken Sausage																																																																																															
Milk	Carrots																																																																																															
	Strawberries																																																																																															
	Milk																																																																																															
<b>PM Snack</b>																																																																																																
Apples																																																																																																
Cheese																																																																																																
<b>Breakfast</b>	<b>Lunch</b>																																																																																															
Honey Oats	Chicken																																																																																															
Bananas	Noodle Soup																																																																																															
Milk	Carrots																																																																																															
	Apple Salad																																																																																															
	Milk																																																																																															
<b>PM Snack</b>																																																																																																
Carrots																																																																																																
Hummus																																																																																																

**This institution is an equal opportunity provider.**

We try to stay as close to this menu as possible, but on occasion, make substitutions based on product availability and freshness.

**Age appropriate milk is served daily with breakfast and lunch. Whole milk 1-2 years of age and Skim or 1% for children over 2.**