Oct. 2024 Center

Monday		Tuesday		Wednesday		Thur	sday	Friday		
	30		1		2		3		4	
		Breakfast	Lunch	Breakfast	Lunch	Breakfast	Lunch	Breakfast	Lunch	
		WG Rice Cake	WG Rice Pilaf	WG Bread	Apple French	Yogurt	Mini Pizzas	Honey Oats	Tomato Soup	
		Bananas &	Chicken	Apples	Toast cassarole	Berries	Caesar's Salad	Bananas	Turkey & Cheese	
		Raisins	Broccoli	Milk	Carrots	Milk	Pinapple	Milk	WG Bread	
		Sun butter	M Oranges		Blueberries		Milk		Cucumbers	
		Milk	Milk		Milk				Apples	
		PM Snack		PM Snack		PM Snack		PM Snack		
		Mystery Mix #	1	Carrots		Apples		Rainbow Pepp	ers	
		Craisins		Hummus		WG Grahams		WG Triscuits		
	7	`	8		9		10		11	
Breakfast	Lunch	Breakfast	Lunch	Breakfast	Lunch	Breakfast	Lunch	Closed for		
WG Chex	Kale Pesto	WG Bagel	Apple &	WG Bread	WG Pita	Yogurt	Egg Puff	Inservice		
Oranges	Tortellini	Cream cheese	Sun butter	Cantaloupe	Falafel Nuggets	Berries	Roasted Broccoli			
Milk	Cottage Cheese	Banana &	WG Wraps	Milk	Green Beans	Milk	Raisin Bread			
	Tomatoes	Blueberries	Carrots		Tzatziki		Mango			
	Peaches	Milk	Craisins		Applesauce		Milk			
	Milk		Milk		Milk					
PM Snack		PM Snack		PM Snack		PM Snack		l		
Apples		Cukes		Pop Corn		Carrots		1		
Turkey		Hummus		Cheese Stix		WG Grahams				
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Age appropriate milk is served daily with breakfast and lunch. Whole milk 1-2 years of age and Skim or 1% for children over 2.

Oct. 2024 Center

				_								
Monday		Tuesday			Wednesday		Thursday			Friday		
	14		1	15		16			17			18
Breakfast	Lunch	Breakfast	Lunch		Breakfast	Lunch	Breakfast	Lunch		Breakfast	Lunch	
WG Cheerios	Mac & Cheese	WG Rice Cake	WG Bread		WG Bread	Pumpkin	Yogurt	Ham		Honey Oats		
Oranges	Peas	Bananas &	Turkey & Chee	es	Oranges	WG Pancakes	Berries	Potatoes		Bananas		
Milk	Peaches	Raisins	Or SBJ		Milk	Chicken Sausage	Milk			Milk		
	Milk	Sun butter	Lettuce			Pears						
		Milk	Tomatoes			Ginger Carrots		Milk		197		
			Apples			Milk						
PM Snack		PM Snack	Milk		PM Snack		PM Snack			PM Snack		
Apples		Carrots			Mystery Mix #	2	Grapes			WG Gold Fish		
Cinnamon Yogurt		Hummus			Craisins		WG Grahams			Cheese Stix		
dip												
Pretzels												
	21		2	22		23			24			25
Breakfast	Lunch	Breakfast	Lunch		Breakfast	Lunch	Breakfast	Lunch		Breakfast	Lunch	
WG Chex	Broken Lasagna	WG Bagel	Ch Ch Chili		French Toast	Ha Koona Fritata	Yogurt			WG Life Cereal		
Oranges	B nut squash	Sun butter	Cornbread		Sticks	Rosemary Potato	B & R Berries			Bananas		
Milk	Peas	Banana &	Carrots		Oranges	Green Beans	Milk			Milk		
	Peaches	Raisins	M Oranges		Milk	Raisin Bread						
	Milk	Milk	Milk			Mango		Milk				
PM Snack		PM Snack			PM Snack	Milk	PM Snack			PM Snack		
Blueberries		Cukes			Pop Corn		Grapes					
Cottage Cheese		Hummus			Craisins		WG Grahams					
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Oct. 2024 Center

Monday		Tuesday		Wednesday		Thursday		Friday
	28		29		30		31	
Breakfast	Lunch	Breakfast	Lunch	Breakfast	Lunch	Breakfast	Lunch	
WG Cheerios	Pasta	WG Rice Cake	Black bean	WG Bread	Butternut Soup			
Oranges	Marinara	Bananas &	Taco Salad	Oranges	Peas			
Milk	Cottage Cheese	Raisins	Greens	Egg Ribbons	Ham			
	Corn	Sun butter	Cheese	Milk	Garlic Toast			
	Peaches	Milk	WG Corn		Apples			
ļ	Milk		Tortilla shells		Milk			
PM Snack		PM Snack	Mango	PM Snack		PM Snack		
Apples		Carrots	Milk	Mystery Mix #	1			
Cinnamon Yogu	rt	Hummus		Craisins		Carrots		l
dip								
Pretzels								
		1						1
		ł		1		1		

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